



WHAT ARE REASONABLE AND NECESSARY SUPPORTS?

Reasonable and necessary is a term used to determine what kind of funded supports you might need. Simply put - **reasonable** is something that is considered fair, and **necessary** is something that you need because of your disability.

For the National Disability Insurance Agency (NDIA) to fund a support in your plan, they will assess if it fits the criteria outlined in the [National Disability Insurance Scheme \(NDIS\) Act 2013](#)

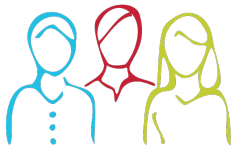
Understanding what is considered to be '[reasonable and necessary](#)' can help you know how to ask for what you might need in your plan.

For a support to be reasonable and necessary, it should:

- Relate to your disability
- Help you pursue your goals and aspirations
- Increase your independence
- Increase your community, social and workplace involvement
- Be considered value for money (this is especially true if the support is priced above the NDIS Price Guide)
- Be effective and work for your needs
- Take into account your current formal and informal supports

There are some things that may not be considered as 'reasonable and necessary', like:

- Day-to-day living costs that are not related to your disability support needs
- Supports that can reasonably be given by a family member, carer, or the broader community
- Supports already funded by other areas of government



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When The Right Information Matters

Armed with the knowledge of what is considered to be a 'reasonable and necessary' support, you'll be able to better ask for the supports you need included in your plan. When discussing your NDIS plan with your planner, consider the types of supports that can be funded within the NDIS, your personal support needs, and how those needs can tie back to [your goals](#) to be considered 'reasonable and necessary' supports.

Types of supports that can be funded within the NDIS:

- Help with personal care activities
- Transport that helps you to participate in community, social, economic and daily life activities
- Help to find or maintain employment
- Therapeutic supports, such as occupational therapy, speech pathology or behaviour support
- Assistance with household tasks so you can maintain your home
- Aids or equipment to help you be more independent
- Home modification design and construction
- Mobility equipment
- Vehicle modifications